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# Sapling Survival and Growth in a Restoration Project of a Drained Wetland Forest in Southeastern Brazil

Odirlei Simões Oliveira<sup>1</sup> Nathalle Cristine Alencar Fagundes<sup>2,3</sup> (D) Maria das Dores Magalhães Veloso<sup>4</sup> 💿

#### Abstract

The aim of this research was to evaluate the survival and growth of native tree saplings planted in a drained Mauritia *flexuosa* palm swamp (vereda) in southeastern Brazil, and to identify suitable species for restoration projects in these hygrophilous environments. Total sapling survival at one-year post-planting was 48%. The species with highest sapling survival and growth were Croton urucurana, Cecropia pachystachya, Erythroxylum citrifolium, Hirtella gracilipes and Tapirira guianensis. Lowest survival and growth were found in Mauritia flexuosa, Piper aduncum, Calophyllum brasiliense, Calyptranthes brasiliensis, Myrsine umbellata, Ladenbergia cujabensis and Ficus sp. We indicate the high-survival species for the restoration of these environments. Typical wetland species attained low survival and growth, indicating the negative influence of anthropization on this ecosystem's resilience, and highlighting the importance of studies investigating suitable strategies to restore them.

Keywords: Croton urucurana, Cecropia pachystachya, Erythroxylum citrifolium, Hirtella gracilipes, Tapirira guianensis.

# 1. INTRODUCTION

Mauritia flexuosa palm swamps (known as veredas in Brazil) are wetlands established in partially or permanently flooded hydromorphic or peat soils in areas of groundwater discharge (Ávila et al., 2016; Fagundes and Ferreira, 2016). Veredas communities are composed of two vegetation types: an herbaceous-graminoid layer that covers most of its area, and a shrub-tree layer with a predominance of the palm Mauritia flexuosa L.f. (buriti) (Fagundes, 2014; Resende et al., 2013; Ávila et al., 2016). What distinguishes the veredas from other wetlands in Brazil (Fagundes and Ferreira, 2016) and characterizes them as structured hygrophilous forests is the presence of a dense arboreal layer bordering the areas of water table discharge (Bahia et al., 2009; Ávila et al., 2016). The protection of these ecosystems and maintenance of downstream watercourses depends on the maintenance of the veredas' water-soil and vegetation systems (Maruyama et al. 2013; Moreira et al. 2015).

The typically hydromorphic and water-saturated vereda soils directly influence plant community composition and distribution in these environments (Ávila et al., 2016; Fagundes and Ferreira, 2016). This constant presence of water confers floristic specificity to vereda sites, where only adapted species are able to successfully establishment (Fagundes, 2014). These species present morphological and anatomical adaptations that allow them to colonize flooded environments, causing an interdependence between species and flooding (Lebrija-Trejos et al., 2010; Kurtz et al., 2013). Therefore, because flood-adapted species require wetter soils to establish, water deficit may hamper their survival or slow down their growth (Caspersen and Kobe, 2001).

Mauritia flexuosa palm swamps or veredas are poorly resilient and highly sensitive environments to anthropization

<sup>1</sup>Universidade Estadual de Montes Claros, Montes Claros, MG, Brasil

<sup>2</sup>Universidade do Estado de Minas Gerais, Ciências Biológicas, Ituiutaba, MG, Brasil

<sup>&</sup>lt;sup>3</sup>Universidade Federal de Lavras, Departamento de Biologia, Lavras, MG, Brasil

<sup>&</sup>lt;sup>4</sup>Universidade Estadual de Montes Claros, Biologia Geral, Montes Claros, MG, Brasil

(Bahia et al., 2009). Anthropogenic activities, such as vegetation suppression, intensive cattle grazing, burning and artificial drainage, are common in these environments, mainly due to agricultural interests targeting their highly fertile soils (Azevedo et al., 2009; Fagundes and Ferreira, 2016). These impacts may trigger advanced environmental degradation processes, influencing the plant communities and altering associated watercourses (Ávila et al., 2016). These humaninduced alterations may lead to water deficit and preclude the colonization and establishment of flood-adapted species in these environments (Bahia et al., 2009; Fagundes, 2014). In these cases, environmental restoration initiatives may be needed to restore the regeneration capacity and ecosystem services provided by these areas.

The selection of suitable plant species to set off the succession process in degraded areas is one of the main determinants of a successful restoration (Neri et al., 2011). Due to great oscillation in plant survival rates, studies have called for the need to carefully select candidate species for restoration (Fagundes, 2014; Sabonaro et al., 2015). According to Sabonaro et al. (2015), planting and monitoring native tree saplings through periodic measurements are important steps toward successful restoration, for generating useful information to guide future projects. Thus, the objective of this research was to evaluate sapling survival and growth of native species planted in a drained *Mauritia flexuosa* palm swamp in southeastern Brazil, and determine which species are most suitable for restoration projects in these hygrophilous environments.

### 2. MATERIALS AND METHODS

### 2.1. Study area

Our study area was a Mauritia flexuosa palm swamp (vereda) located in a private reserve inserted in the Environmental Protection Area (APA) of the Pandeiros river, in the municipality of Januária, Minas Gerais state, Brazil. This region composes a dry sub-humid area susceptible to desertification, and is characterized as an ecotonal transition between three domains: Caatinga (an exclusively Brazilian domain, mostly composed by Seasonally Dry Tropical Forests; according Pennington et al., 2009), Cerrado (Brazilian Savannas) and Atlantic Forest. Species from these three domains compose the peculiar flora of the region and eventually cooccur locally (Rizzini, 1997; Azevedo et al., 2014). The region's climate type is Aw, with well-defined dry and rainy seasons (Alvares et al., 2014). Average annual temperature ranges from 21 to 24° C; altitude ranges from 485 to 515 m; and average rainfall varies from 900 to 1200 mm/year, mostly concentrated between November and January (INMET, 2014). However, the year when we planted the saplings, 2014, was atypically dry, with total annual rainfall of 394 mm (INMET, 2014) (Figure 1). In this figure, we see that rainfall in 2013 are bigger than in 2014, mainly in the first months. The next year of planting, 2015, are a year of low rainfall and high temperatures (Figure 1).



Figure 1. Mean monthly precipitation and temperature in the study area from 2013 to 2015.

The study area is a Private Natural Heritage Reserve (Reserva Particular do Patrimônio Natural - RPPN in Portuguese). Before the status of a nature reserve, the area was subject to several anthropogenic activities, especially with the implementation of the Pró-Várzea governmental program in 1980. This program aimed to fund the cultivation of agricultural crops in several wetlands, including the veredas. With this incentive, during six years the study area underwent deforestation and soil drainage to give way to rice crops. After the crops were abandoned, the drainage lines remained open and native grasses occupied the site, which began to serve as cattle pasture. During the rainfall season, the area remains waterlogged for only a short period. In the remaining months, fire occurrence is frequent and contributes to advance the disturbed, or even degraded, state of the area. Up until we started to plant the saplings, sparse mature individuals of Mauritia flexuosa and some regenerating individuals of Melastomataceae, Cecropia pachystachya Trécul and Byrsonima sp occupied the area.

# 2.2. Experimental design

We established ten plots of 50 m x 50 m (total area 2,500 m<sup>2</sup>) at the center of the Mauritia flexuosa palm swamp bordering the main drainage line. The whole area was fenced to avoid cattle trampling, one of the drivers of disturbance in the site. We removed shrubs and grasses from the planting rows before opening the pits where we would later plant the saplings. We distributed the planting rows 2 m apart from each other and parallel to the main drainage line. Along each row, the saplings were planted either 2 m or 3 m apart: in five plots, they were distanced by 2 m, and in five other plots, by 3 m. In June 2014, we planted a total 3737 saplings belonging to 15 genera and families (refer to Table 1 for species identities, guilds and individual numbers). We monitored sapling survival and growth after every fourmonth interval for the following 12 months post-planting (i.e., after 4, 8 and 12 months). We used a steel ruler, graduated in centimeters and millimeters and a digital caliper to assess the growth variables, respectively: height and diameter at ground level. Species selection considerate phytosociological and other studies carried out in veredas in the region (Fagundes 2014; Ávila et al., 2016).

**Table 1.** Species, families, guilds and number (N) of saplings of the species planted in the environmental restoration of a *vereda* (*Mauritia flexuosa* palm swamps) in southeastern Brazil.

| Species                                   | Family           | Guild                             | Ν   |
|---|------------------|-----------------------------------|-----|
| <i>Calophyllum brasiliense</i><br>Camb.   | Clusiaceae       | Late<br>secondary <sup>3</sup>    | 27  |
| Calyptranthes<br>brasiliensis Spreng.     | Myrtaceae        | Late<br>secondary <sup>4</sup>    | 769 |
| Cecropia pachystachya<br>Trécul           | Cecropiaceae     | Pionner <sup>3</sup>              | 191 |
| <i>Croton urucurana</i><br>Bailon         | Euphorbiaceae    | Pionner <sup>3</sup>              | 15  |
| Erythroxylum<br>citrifolium A.St-Hil.     | Erythroxylaceae  | Pionner <sup>1</sup>              | 15  |
| Ficus sp.                                 | Moraceae         | Late<br>secondary⁵                | 146 |
| Hirtella gracilipes<br>(Hook.f.) Prance   | Chrisobalanaceae | Early<br>secondary <sup>3/5</sup> | 27  |
| Inga vera Willd                           | Fabaceae         | Early<br>secondary <sup>1</sup>   | 337 |
| <i>Ladenbergia cujabensis</i><br>Klotzsch | Rubiaceae        | Late<br>secondary⁵                | 60  |
| Mauritia flexuosa L.f                     | Arecaceae        | Pioneer                           | 775 |
| <i>Myrsine umbellata</i> Mart             | Primulaceae      | Early<br>secondary <sup>4</sup>   | 389 |
| Nectandra<br>megapotamica(Spreng.)<br>Mez | Lauraceae        | Early<br>secondary <sup>1</sup>   | 325 |
| Ocotea aciphyla<br>(Nees& Mart.) Mez      | Lauraceae        | Late<br>secondary <sup>1</sup>    | 44  |
| Piper aduncumL.                           | Piperaceae       | Herbaceous                        | 203 |
| <i>Tapirira guianenses</i><br>Aubi        | Anacardiaceae    | Pionner <sup>4</sup>              | 414 |

<sup>1</sup>Authors' knowledge <sup>3</sup>Ressel (2004) <sup>4</sup>Nunes et al (2003) <sup>5</sup>Silva et al (2004)

#### 2.3. Data analysis

For each species, we obtained the percentage of total sapling survival (i.e., the percentage of surviving saplings compared with the initial number of saplings planted) and percentage of sapling survival across three assessment periods (4-, 8- and 12-months post-planting). To assess total sapling survival variation, we performed a one-way analysis of variance (one-way ANOVA), with the study's timeframe (12 months) as a predictor variable, and percentage of total sapling survival as a dependent variable. Survival and growth are the parameters used to or not recommend a species for restoration in *veredas*. To assess

sapling survival variation across the three intervals (4-, 8and 12-months post-planting), we performed a factorial analysis of variance (factorial ANOVA), with the species and assessment months (4, 8 and 12 months) as predictor variables, and percentage of sapling survival in-between them as dependent variables. To characterize and assess growth, we compared variations in height and diameter among species through a one-way ANOVA, with species as the predictor variable and growth (either diameter or height) as the dependent variable. All analyses of variance were performed according to a Generalized Linear Model (GLM) procedure followed by a Tukey's post hoc test in the software Statistic 10.0 (Zar 1996).

# **3. RESULTS**

The percentage of total sapling survival was 48%, but displayed significant variation within the 12 months of the study (df = 2, F = 5.01, p < 0.05), with a decreasing trend throughout the year (Table 2). Among the assessed species, survival varied significantly at the 4-month assessment (df = 14, F = 5.72, p <0.05), at the 8-month assessment (df = 14, F = 7.91, p <0.05) and at 12-month assessment (df = 14, F = 7.51, p <0.05). The species with highest sapling survival were *Croton urucurana, Cecropia pachystachya*,

*Erythroxylum citrifolium* and *Hirtella gracilipes* (85, 77, 75 and 74%, respectively). The species with lowest sapling survival were *Calyptranthes brasiliensis*, *Piper aduncum*, *Calophyllum brasiliense and Mauritia flexuosa* (21, 14, 8 and 6%, respectively).

Diameter growth also varied significantly among species (df = 14, F = 11.82, p <0.05). The species with highest average diameter growth were *Tapirira guianensis* (4.72  $\pm$  0.29 mm), *Cecropia pachystachya* (3.41  $\pm$  0.48 mm) and *Croton urucurana* (3.16  $\pm$  0.95 mm). The ones with lowest average diameter growth were *Myrsine umbellata* (0.40  $\pm$  0.30 mm), *Ficus sp.* (0.89  $\pm$  0.62 mm), *Ladenbergia cujabensis* (-0.51  $\pm$  0.83 mm) and *Mauritia flexuosa* (-1.53  $\pm$  0.82 mm). The latter two species showed a reduction in diameter after one year post-planting (Figure 2).

Height growth also varied significantly among species (df = 14, F = 17,22, p < 0,05), with the highest averages found in *Tapirira guianensis* (35.85 ± 1.76 cm), *Hirtella gracilipes* (33.73 ± 5.21 cm), *Cecropia pachystachya* (28.65 ± 2.80 cm) and *Calophyllum brasiliense* (26.06 ± 5.20 cm). The lowest height growth averages were found in *Myrsine umbellata* (4.05 ± 2.89 cm), *Ladenbergia cujabensis* (2.80 ± 3.42 cm), *Ficus sp.* (1.41 ± 2.89 cm), with the decrease in *Piper aduncum* (-2.19 ± 3.82 cm) and *Ficus sp.* growth, probably owing to sapling die-back (Figure 3).

| Table 2. A | Average sapl | ling survival | by species acros | s three asse | essment interva | ls after t | he environmenta   | l restoration of | a vereda | (i.e., <i>Ma</i> | uritia |
|------------|--------------|---------------|------------------|--------------|-----------------|------------|-------------------|------------------|----------|------------------|--------|
| flexuosa   | palm swamj   | p) in southea | astern Brazil. N | = number     | of individuals, | SD = sta   | andard deviation. |                  |          |                  |        |

|                                      |       | Sapling survival (%) |             |          |             |           |             |  |  |
|--------------------------------------|-------|----------------------|-------------|----------|-------------|-----------|-------------|--|--|
| Species                              | Ν     | 4 months             |             | 8 months |             | 12 months |             |  |  |
|                                      |       | Mean                 | SD          | Mean     | SD          | Mean      | SD          |  |  |
| Calophyllum brasiliense Camb.        | 27    | 35.19                | $\pm 8.58$  | 9.92     | $\pm 2.73$  | 8.80      | ± 2.96      |  |  |
| Calyptranthes brasiliensis Spreng.   | 769   | 52.75                | ± 7.75      | 22.61    | ± 4.29      | 21.88     | ± 3.84      |  |  |
| Cecropia pachystachya Trécul         | 191   | 82.16                | $\pm 6.40$  | 80.16    | ± 6.59      | 77.04     | $\pm 9.71$  |  |  |
| Croton urucurana Bailon              | 15    | 93.33                | ± 6.66      | 85.00    | ± 9.57      | 85.00     | ± 9.57      |  |  |
| Erythroxylum citrifolium A.St-Hil.   | 15    | 77.38                | $\pm 15.03$ | 75.00    | $\pm 17.07$ | 75.00     | $\pm 17.07$ |  |  |
| Ficus sp.                            | 146   | 60.73                | $\pm 12.64$ | 50.37    | ± 12.17     | 52.49     | ± 12.46     |  |  |
| Hirtella gracilipes (Hook.f.) Prance | 27    | 92.22                | ± 5.71      | 84.29    | $\pm 6.70$  | 74.29     | $\pm 10.93$ |  |  |
| Inga vera Willd                      | 337   | 51.90                | ± 3.76      | 44.67    | ± 4.59      | 42.79     | ± 5.12      |  |  |
| Ladenbergia cujabensis Klotzsch      | 60    | 55.62                | ± 9.79      | 45.27    | $\pm 11.62$ | 47.76     | $\pm 11.65$ |  |  |
| Mauritia flexuosa L.f                | 775   | 12.73                | ± 3.90      | 9.23     | $\pm 2.84$  | 6.79      | ± 2.96      |  |  |
| <i>Myrsine umbellata</i> Mart        | 389   | 58.29                | ± 9.20      | 41.57    | $\pm 10.87$ | 38.77     | $\pm 11.60$ |  |  |
| Nectandra megapotamica (Spreng.) Mez | 325   | 68.42                | $\pm 8.85$  | 61.60    | $\pm 10.47$ | 62.27     | ± 9.57      |  |  |
| Ocotea aciphyla (Nees& Mart.) Mez    | 44    | 64.38                | $\pm 13.49$ | 64.38    | $\pm 13.49$ | 57.24     | $\pm 12.18$ |  |  |
| Piper aduncum L.                     | 203   | 41.86                | ± 9.69      | 32.35    | ± 9.57      | 14.33     | ± 5.70      |  |  |
| Tapirira guianenses Aubi             | 414   | 77.16                | ± 5.93      | 74.56    | ± 6.73      | 70.11     | $\pm 8.75$  |  |  |
| Total                                | 3.737 | 61.04                | ± 2.78      | 51.10    | ± 3.06      | 48.23     | ± 3.15      |  |  |







**Figure 3.** Average sapling growth in height (in cm) by species 12 months after the environmental restoration of a *vereda* (*Mauritia flexuosa* palm swamp) in southeastern Brazil.

# 4. DISCUSSION

The success of a restoration project depends on several factors, mainly such as sapling survival and growth (Beltrame & Rodrigues, 2008; Raman et al., 2009). In our study, total sapling survival varied across the study's timeframe and

displayed a decreasing trend during the monitoring year, with higher sapling mortality after the first four months. High mortality at the initial phase of restoration projects is a common phenomenon (Raman et al., 2009; Fagundes, 2014). It largely owes to the stress caused by sapling transportation prior to and handling the during the planting process, and to the changes in environmental conditions faced by these plants, which are taken from the milder nursery conditions into the field. We found a similar percentage of total sapling survival (near 50%) to that found in other studies (Lacerda & Figueiredo, 2009; Fagundes, 2014; Marques et al., 2017), which is considered a satisfactory rate in Cerrado areas. Other studies which have considered higher thresholds of satisfactory survival rates have, unlike us, either employed fertilization and irrigation following sapling plantation, or have been conducted in moist or less degraded sites than ours. Among the species in our study, the considerable variation in survival and growth seem to denote their ecological characteristics and aptitude for *vereda* restoration (*Mauritia flexuosa* palm swamps).

The highest percentages of sapling survival and growth (both in diameter and height) are present by Cecropia pachystachya, Tapirira guianensis and Hirtella gracilipes. Erythroxylum citrifolium also featured among the species with highest survival, whereas Croton urucurana, among the species with highest survival and diameter growth. With the exception of H. gracilipes, all of these are pioneer, fast-growing and soil generalist species, occurring from floodplains to well-drained soils (Milhomem et al., 2013, Siqueira et al., 2016). The also soil generalist Nectandra megapotamica, which is an early secondary species, displayed high survival but low growth in our study. According to Raman et al. (2009), low-growth but high-survival species may be suitable for environmental restoration, since sapling survival is the main indicator of suitability for this purpose. Moreover, Marcuzzo et al. (2013) highlight the restoration potential of the highly plastic and fauna-attractive N. megapotamica, a species with high survival but low growth in our study. In field experiments, species behavior in face of adverse conditions at the restoration site directly influence their establishment and, consequently, restoration success (Fagundes, 2014). Therefore, differences among the species' ecological requirements directly influence their establishment success (Lebrija-Trejos et al. 2010). Lastly, some authors recommend that highly resistant species to environmental variation be used in environmental restoration projects.

Pioneers and early secondary species like *H. gracilipes* have faster establishment and high plasticity that may favor their survival under unfavorable conditions (Simmons et al. 2012). Other wetland restoration studies have found greater survival or growth for pioneer and early secondary species (Simmons et al., 2012; Fagundes, 2014), and have highlighted the importance of these ecological groups in creating favorable microenvironments for climax species and providing vertical structure for fauna in restoration projects. Pioneer and early secondary species, such as the

abovementioned, may be suitable for the restoration of drained wetlands like our study site. Despite being typically found in wet environments (e.g., *veredas*, floodplains, wetlands in general), their ecological plasticity allows them to also withstand dry soil conditions. Therefore, these species' high sapling survival and growth indicate robustness and adaptability to the local conditions. Overall, this suggests that the species are good to recommend for restoration projects (Oliveira & Joly, 2010; Fagundes, 2014) in disturbed and drained wetlands like our study site. This can be achieved with two steps: first, by planting pioneer and early secondary species, and then by enriching the area with late secondary species, once the area becomes able to support them.

In general, species of humid or water-saturated environments have shallow root systems (Nishimua et al., 2007) and struggle to establish on water-restricted soils. We observed this tendency with Calophyllum brasiliense, Calyptranthes brasiliensis, Ficus sp., Ladenbergia cujabensis, Mauritia flexuosa, Myrsine umbellata and Piper aduncum, all of which presented low survival and/or growth in our study. The former four are flood-tolerant, late secondary species that occur in water-saturated soils (Oliveira & Joly, 2010; Gastauer et al., 2015). Other authors address the fact that soil humidity favors the establishment of these species, suggesting a preference for water-saturated or permanently waterlogged soils (Oliveira & Joly, 2010; Fagundes, 2014). For instance, C. brasiliense displays high mortality under seasonal climates with well-defined and prolonged dry seasons (Calvo-Alvarado et al., 2007), which is the case in our study site. Lastly, Piper aduncum's decrease in height exemplifies a common phenomenon under water shortage: dieback caused by dryness of the aerial parts of a plant under soil drought conditions (Chakraborty et al., 2017).

On the other hand, *M. flexuosa* as a typical pioneer species of *veredas* and other wetlands (Resende et al. 2013; Fagundes & Ferreira 2016). In fact, *M. flexuosa*'s presence ultimately characterizes the *veredas* by promoting the maintenance of fauna and succession processes in these areas (Oliveira et al., 2009; Resende et al., 2012; Fagundes & Ferreira, 2016). *Mauritia. flexuosa*'s propagules and saplings display structural adaptations to persist in the swampy *vereda* environment (Silva et al., 2014). In a restoration experiment in another *vereda*, Fagundes (2014) recorded high survival averages in *M. flexuosa* and *M. umbellata*, with higher growth under permanent water saturation. Her results allow us to infer that the low survival attained by these species in our study site may be due to the water deficit promoted by the artificial drainage of the *vereda*.

The environmental conditions of a site prior to restoration efforts greatly influence the establishment of planted saplings.

In most scenarios, water deficit is a stressful condition for plant establishment (Pozzobon et al., 2010), and even more so for species adapted to peat and wet *vereda* soils, like the secondary species planted in our study site (Bahia et al., 2009; Ávila et al., 2016). In addition to the water deficit promoted by the artificial drainage lines, the start of the experiment took place in an atypical year, when total precipitation was only a quarter of what would be expected, aggravating the soil water shortage (INMET, 2014). In the two months after planting, rainfall not occurs in study area, and occurs in little amount after that. Therefore, the low survival and growth rates presented by some of the species in our study may have owed to two sources of water deficit in our site: rainfall scarcity and anthropization (i.e., soil drainage).

On the other hand, some of the species, especially the pioneers, displayed high survival and growth on the drained soil at the initial moments of the experiment, which probably contributed to improve the site's conditions, and allow species with other ecological requirements to establish, therefore promoting restoration success. Despite the low precipitation received by the area in the study's timeframe, we have no reason to expect different results under normal precipitation conditions, because the artificial drainage lines promotes water deficit too. Veredas are strongly associated with hydromorphic or peat soils in headwater areas (Fagundes & Ferreira, 2016), therefore very sensitive to water deficit. We recommend that the drainage lines be removed and that, if able to persist, the only natural drainage line be kept in the area. Drainage and anthropization of the study area compromise the resilience of this vereda, and studies like ours advance our understanding on how these environments can be successfully restored. Lastly, despite the importance of these ecosystems for the maintenance of ecosystem services in central and southeastern Brazil, we are not aware of similar studies conveying information about restoration of drained veredas.

# **5. CONCLUSIONS**

The establishment of water-adapted species otherwise typically found in *veredas* was precluded by the water drainage conducted in our study site. In general, *Croton urucurana*, *Cecropia pachystachya*, *Erythroxylum citrifolium*, *Hirtella gracilipes* and *Tapirira guianensis* displayed the highest percentages of sapling survival and/or growth, mainly because of their generalist behavior that allows their establishment even on drained soils. However, other species attained less survival and growth percentages during the study period, likely because of the water shortage caused by soil drainage and low rainfall.

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### **CORRESPONDENCE TO**

#### Nathalle Cristine Alencar Fagundes

Universidade do Estado de Minas Gerais, Ciências Biológicas, R. Ver. Geraldo Moisés da Silva, 308-434, CEP 38302-182, Ituiutaba, MG, Brasil. e-mail: nath\_fag@yahoo.com.br

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